Marital Conflict

Signs of marital conflict:



Feeling angry or bitter

Parenting problems

Lack of sexual intimacy



CAPTION

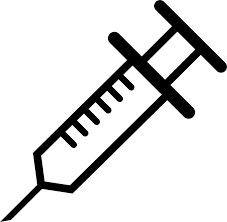
CAPTION

Lack of communication

Feelings of distrust

Frequent arguments

What are some causes of marital conflict?





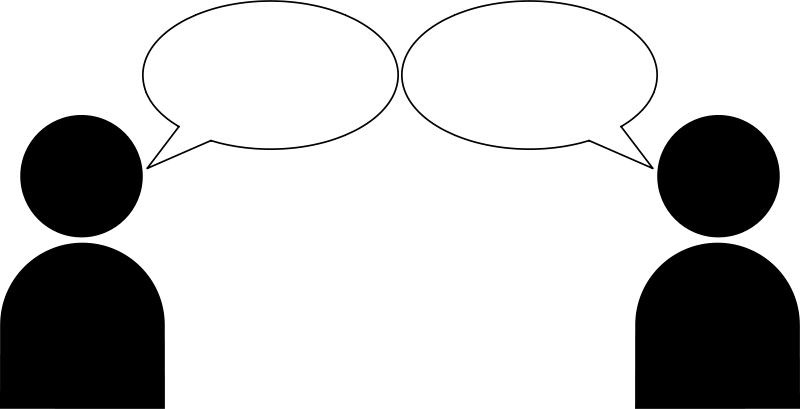
Infidelity

Substance use

Stress/Life transitions

How is marital conflict treated?





Improve communication

More positive interactions

Couples therapy