

ISHAN NITIN VENGURLEKAR

406 Willet Drive, Coppell TX, 75019 | 682-888-6666 | ishanvengurlekar1@gmail.com

EDUCATION

University of Arkansas

Expected 2022

Bachelor of Arts: Psychology

Minor: Social Work

GPA: 4.00/4.00

POSTERS AND PRESENTATIONS

Scafe, M. J., Mapes, A. R., Guzman, L. E., **Vengurlekar, I. N.**, & Bridges, A. B. (2021, November). An exploration of patient symptoms and family functioning in primary care behavioral health patients [Poster Presentation]. Association for Behavioral and Cognitive Therapies: Behavioral Medicine and Integrated Primary Care Special Interest Group, New Orleans, LA, United States.

Vengurlekar, I. N., Scafe, M., Mutignani, L., Steggerda, J. C., & Cavell, T. A. (2021, Submitted July). *The protective role teacher-student relationships can play for children who are bullied and at risk for internalizing symptoms spectrum* [Poster Presentation]. Association for Behavioral and Cognitive Therapies: Child and Adolescent Depression Special Interest Group, New Orleans, LA, United States.

Vengurlekar, I. N., Staples, G., Bradley, R., Quetsch, L. B., Aloia, L., Brown, C., & Kanne, S. (2021, Submitted July). *Associations between parental stress and quality time spent with youth on the autism spectrum* [Poster Presentation]. Association for Behavioral and Cognitive Therapies: Parenting and Families Special Interest Group, New Orleans, LA, United States.

Vengurlekar, I. N. (2021, April 15th). *A longitudinal study on the relation between school bullying and children's internalizing symptoms: The moderating role of social status* [Conference Presentation]. University of Arkansas Psi Chi Virtual Psychological Science Research Night (PSRN) and Award Ceremony, Fayetteville, AR, United States.

Vengurlekar, I. N., Mathis, C., Scafe, M., Steggerda, J. C., & Cavell, T. A. (2021, November). *A longitudinal study on the relation between school bullying and children's internalizing symptoms: The moderating role of social status* [Poster Presentation]. Association for Behavioral and Cognitive Therapies, New Orleans, LA, United States.

PUBLICATIONS

Mutignani, L., Steggerda, J. C., Scafe, M., **Vengurlekar, I. N.**, & Cavell, T. A. (in progress). The practice of rematching in youth mentoring: *A study of planned rematches in school-based mentoring for aggressive children.*

RESEARCH EXPERIENCE

Center for Research on Aggression and Victimization (CRAV) Laboratory
Undergraduate Research Assistant
Faculty Mentor: Dr. Timothy A. Cavell

2021-Present

- Assisted graduate research assistant coordinate the Hog Pen Pals mentoring program with 10 local elementary schools.
- Reviewed relevant literature about peer victimization and internalizing symptoms to draft an abstract for the Association for Behavioral and Cognitive Therapies annual conference
- Conducted analyses using SPSS.
- Assisted graduate research assistants on a publication about school-based mentoring.
- Collaborated with researchers at Boston University to complete tasks (e.g., participant monitoring/outreach) for an IES funded grant: The Active-Duty Military Families and School Supports Study.
- Created and edited Qualtrics surveys for graduate research assistant.
- Engaged in transcription creating for graduate research assistant's dissertation.

Family and Community Intervention (FCI) Laboratory
Undergraduate Research Assistant
Faculty Mentor: Dr. Lauren B. Quetsch

2021-Present

- Engaged in participant outreach for an online study regarding teenagers with ASD.
- Created a scientific poster and abstract for a preexisting study.

Diversity Research and Enhanced Access for Minorities (DREAM)
Laboratory
Undergraduate Research Assistant
Faculty Mentor: Dr. Ana J. Bridges

2021-Present

- Underwent training relevant to qualitative research and developing codes in an inductive/deductive context.
- Assisted a graduate research assistant on a study regarding how individuals react to microaggressions depending on the qualities of the perpetrator.
- Engaged in the transcription process for interviews.
- Entered data in SPSS for a poster regarding Integrated Behavioral Health Care.

TEACHING EXPERIENCE

University of Arkansas
Mentor Lead - PSYC 207V Hog Pen Pals Service-Learning Course
Faculty Instructor: Dr. Timothy A. Cavell

2021

- Assisted graduate instructor with training sessions and with grading assignments throughout the semester.
- Reviewed and monitored journal entries upon submission to ensure the mentors safely and consistently mentored elementary students.

- Communicated with mentors and school staff about the mentoring program.

University of Arkansas

2021-Present

Peer Academic Coach – Student Success

Faculty Instructor: Ms. Caroline Beringer

- Worked one-on-one with students seeking assistance concerning academic success.
- Created regimented and tailored plans for each student to improve GPA, organizational skills or time management.
- Underwent training pertaining to student success and academic coaching

City of Coppell

Camp Instructor

May 2019-August 2019

- Instructed various academic, artistic and personal development classes, lead activities, and facilitated positive behavior management and growth for children enrolled in the camp.

VOLUNTEER EXPERIENCE

Department of Psychological Sciences

Diversity Committee Undergraduate Representative

2021-Present

- Worked in a committee conveying the importance of diversity and inclusion within the psychology department by utilizing various methods of outreach.

Counseling and Psychological Services

Peer Counselor

2021-Present

- Underwent training given by Dr. Ivan Vargas regarding sub-clinical psychopathology/symptoms to work with students seeking peer-assistance.
- Provided weekly, 30-minute peer counseling to students, covering topics such as depression, anxiety, and more utilizing the training received by Dr. Vargas,

Crisis Text Line

Crisis Counselor

2020-Present

- Answered texts from people in crisis, utilizing active listening, collaborative problem solving, and safety planning.

University of Arkansas (Hog Pen Pals)

Student Mentor

2020

- Mentored students via journal entries amidst the COVID-19 pandemic.

Counseling and Psychological Services**Mental Health Ambassador**

2019-Present

- Promoted the imperative function of mental health awareness on campus through informative social media graphics, various presentations, and tabling events.
- Worked with a group to promote mental well-being to diverse groups on campus with tabling and informational sessions.
- Created sub-committees tasked with promoting mental health awareness during the beginning of the COVID-19 pandemic including meditation, cooking, hiking, and more.
- Underwent Question Persuade Refer (QPR) training regarding suicide prevention for college students.

Passionate About Learning (PAL) Program**Mentor**

September 2018-2019

- Taught children in an after-school based session to be passionate about learning through various activities as a positive influence.

LICENSES/CERTIFICATIONS**OUCH! That Stereotype Hurts**

University of Arkansas Optional Training

March 2021

CITI Program

Social and Behavioral Responsible Conduct of Research Course 1.

January 2021

CITI Program

Social/Behavioral Research Course

January 2021

Arkansas Commission on Child Abuse, Rape and Domestic Violence

Mandated Reporter

October 2020-Present

AWARDS

Chancellor's List

2018-Present

Dean's List

2018-Present

Texas Music Scholar

2017

All-State Musician

2017

MEMBERSHIPS

ABCT (Association for Behavioral and Cognitive Therapies)

2021-Present

Psi Chi (International Honor Society in Psychology)

2020-Present

Alpha Lambda Delta (National Honor Society for First-Year Success)

2019-Present