

# Karis Scott

University of Arkansas  
Fayetteville, AR  
Updated 01/2025

Pronouns: she/her  
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## EDUCATION

**Expected May 2026**      **Bachelor of Arts (B.A.), Biology**  
*University of Arkansas, Fayetteville, AR 72701*  
*Fulbright Honors College*  
Total Hours Earned: 126  
Cumulative GPA: 4.0

**June 2024**                      **Japan Honors Passport Study Abroad Program**  
Studied Japanese sociopolitical reconstruction Post-World War II and the westernization of Japanese culture

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## RESEARCH EXPERIENCE

**January 2025-Present**      **Honors Thesis Under Dr. Ana Bridges**  
Research, develop, conduct, and defend experiment of choice

**August 2024-Present**      **Research Assistant, University of Arkansas DREAM Lab**  
Worked as an RA in the Diversity Research in Enhanced Access for Minorities; a lab that investigates disparities in mental healthcare access for minority populations  
Present research in SWPA conference  
Aided in literature review of Black female PTSD treatment programs

**January 2024 -May 2024**      **Research Assistant, A SCAN Lab (Arkansas's Stress, Cognition, and Affective Neuroscience)**  
Performed weekly data collection at the University of Arkansas.  
Worked as an RA in psychology lab exploring stress, affect, and related factors' impact on cognition and health

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## PRESENTATIONS

**Scott, K.,** Lara, E.J., Eureste, E., Berry, M., Allen, E.L., Fradley, M.F., \*Ruiz, J., & Bridges, A.J. (2025, March). Behavioral health symptoms and behavioral health service utilization in primary care patients. Poster to be presented at the annual meeting of the Southwestern Psychological Association, Little Rock, AR.

Eureste, E., Lara, E.J., **Scott, K.**, Berry, M., Allen, E.L., Fradley, M.F., Ruiz, J., & Bridges, A.J. (2025, March). Warm handoffs predicting behavioral health appointment attendance in integrated primary care. Poster to be presented at the annual meeting of the Southwestern Psychological Association, Little Rock, A

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## **AWARDS AND HONORS**

<b>June 2024</b>	<b>Honors College Study Broad Grant Recipient</b>
<b>June 2024</b>	<b>Sturgis Research Grant for Honors Recipient</b>
<b>August 2023</b>	<b>PPA Book Scholarship</b>
<b>August 2023-May 2024</b>	<b>Louis Stokes Alliance for Minority Participation Stipend</b>
<b>August 2022-Present</b>	<b>Arkansas Governor's Distinguished Scholarship Recipient</b>
<b>August 2022- Present</b>	<b>University of Arkansas Silas Hunt Distinguished Scholarship Recipient</b>
<b>August 2022-Present</b>	<b>Arkansas Academic Challenge Scholar</b>
<b>August 2022- Present</b>	<b>University of Arkansas Chancellor's List Recognition</b>

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## **VOLUNTEER AND CLINICAL EXPERIENCE**

<b>January 2025</b>	<b>University of Arkansas Global Medical Brigades, Honduras</b> Established and maintained a local clinic for a small community in La Paz, Honduras Fundraised locally for money and supplies
<b>August 2024- Present</b>	<b>Passionate About Literacy Mentorship</b> Empower and read with elementary school students to improve their reading scores and confidence at school Attend bimonthly workshops and retreats to improve upon strategies of instruction and encouragement
<b>August 2023- Present</b>	<b>Honors College Ambassador</b> Set up, take down, or facilitate University of Arkansas' Honors College Events
<b>July 2024- August 2024</b>	<b>Conway Regional Medical Immersion Shadowing Program</b> Shadowed a variety of medical specialties over the span of over 150 hours Investigated and presented case study to a panel of physicians
<b>August 2023-May 2024</b>	<b>Washington Regional Medical Center Intensive Care Unit Desk</b> Directed family members to patients Provided hospitality and comfort to visitors/relatives
<b>August 2022-May 2023</b>	<b>Lifesource Kids' Life After School Program</b>

Supervised and mentored underprivileged elementary school students as they waited for their parents to get off work

Helped with homework and engaged them with educational games/ activities

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## **LEADERSHIP**

**August 2024-Present**

**Pre-Med Hogs Registered Student Organization Treasurer**

Manage room reservations, funding, and yearly budget for on campus events and merchandise production

**August 2024- Present**

**University of Arkansas Supplemental Instruction Mentor**

Observe supplemental instruction leaders and provide them with constructive feedback

Attend weekly meetings on professional development and leadership

**January 2024-Present**

**Japanese Student Association Registered Student Organization Social Media Team**

Design, schedule, and post social media flyers for JSA events

**August 2023- July 2024**

**Pre-Med Hogs Registered Student Organization Recruitment Chair**

Collected membership dues and communicated events and deadlines with members via HogSync and email

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## **EMPLOYMENT**

**August 2023-Present**

**University of Arkansas Supplemental Instruction Leader**

Develop and present 4 weekly review sessions for University Chemistry I students

Observe class lectures, host exam reviews, and attend weekly meetings with professors