# Curriculum Vitae CHRISTIN MUJICA M.A.

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#### **EDUCATION**

University of Arkansas | Fayetteville, AR |

**Doctor of Philosophy in Clinical Psychology** 

Diversity Research and Enhanced Access for Minorities Lab

Mentor/Advisor: Ana J. Bridges, PhD.

University of Arkansas | Fayetteville, AR |

Master of Arts, Clinical Psychology

Diversity Research and Enhanced Access for Minorities Lab

Mentor/Advisor: Ana J. Bridges, PhD.

Master's Thesis: "All Skinfolk Ain't Kinfolk": Ingroup Attributions of Race-Based Discrimination"

Thesis Committee: Ana Bridges, Ph.D., Scott Eidelman Ph.D., Ivan Vargas, Ph.D., Brandon Jackson Ph.D.

Tufts University | September 2013 - May 2017 | Medford, MA

**Bachelor of Science in Clinical Psychology and Community Health** 

GPA: 3.74 | Magna Cum Laude with Highest Thesis Honors

Honors Thesis: Association between patient-provider racial and ethnic concordance and patient-centered communication in outpatient mental health clinic, Advisors: Shalini Tendulkar, Sc.D. and Keith Maddox, PhD

#### HONORS AND AWARDS

- Pride on the Hill Award | 2017 | The award honors undergraduate or graduate students who, through community involvement, artistic expression, written work or scientific research have contributed the most to an understanding at Tufts of gay, lesbian, bisexual, or transgender identities during the preceding academic year.
- Community Health Bellin Award | 2017 | Seniors who have successfully completed a senior honors thesis or any other independent study project in Community Health are eligible for a Bellin Award.
- Presidential Award for Civic Life | 2017 | Each year this award recognizes undergraduate and graduate students from across Tufts University for outstanding achievement in community service and community leadership.
- Undergraduate Research Fund | 2017 | \$500 awarded to prepare my undergraduate honors thesis
- Division 45 Travel Award | 2018 | Awarded funds to attend Division 45 conference in Austin, Tx
- National Latinx Psychological Association Travel Award | 2020 | Awarded funds to attend the annual national conferences in Miami. Fl
- Sandra Kurjiaka Diversity, Equity, and Inclusion Award GPSC | 2021 | Awarded to a graduate student who demonstrates an
  unyielding commitment to diversity and inclusion on the University of Arkansas campus and/or in the broader Northwest
  Arkansas community
- Resilient Razorback Student Leader | 2022 | Awarded to a student who continues to engage in creating positive change in the realm of equity, diversity, and inclusion on the University of Arkansas campus

# **GRANTS AND FELLOWSHIPS**

# Southern Regional Education Board – State Doctoral Scholars Program Fellowship Awarded in June 2020

\$20,000 stipend for 4 years and Tuition waiver

The goal of the Doctoral Scholars Program is to increase the number of minority students who earn doctorates and choose to become faculty at colleges and universities. In addition to financial support, each scholar receives a commitment by the host academic department to provide quality mentoring, professional development opportunities and activities designed to hone classroom teaching skills.

American Psychological Association – Division 56 Trauma Psychology Cultivating Healing, Advocacy, Nonviolence, Growth, and Equity (CHANGE) Grant Awarded 2020 – 2021

Christin Mujica B.S., Principal Investigator & Ana J. Bridges Ph.D., Faculty Advisor and Co-Investigator

The purpose of this grant is to support student or early career psychologist (ECP; i.e., 10 years within receipt of their degree) led collaborative projects aimed at identifying and dismantling all forms of systemic racism, discrimination, and violence.

Total Costs: \$4,794

Start August 2019

August 2019 – May 2022

#### **BOOKS AND BOOK CHAPTERS**

- 2. Mosley, D., Bridges, B., Golden, C., **Mujica, C.**, Ross, G., Lee, A. Abdelrahman, J., Nick, G. (In preparation). Creativity, Criticality, and Community Care: Considerations for Hosting a Healing Circle.
- 1. **Mujica, C.A.** & Bridges, A. (July, 2023). Attributions and Impact of Horizontal and Vertical Discrimination. *Springer Briefs in Psychology*.

#### PEER-REVIEWED PUBLICATIONS

- 11. Day, T., **Mujica**, **C.A.**, & Bridges, A.J. (Submitted). A Meta-Analysis of the Correlation Between Historical Trauma and Health Outcomes in the Native American Population.
- 10. **Mujica, C.A.**, Day, T., Hinchliffe, E., & Bridges, A.J. (in preparation). Protecting the mental health of racial justice activists at predominantly white institutions.
- 9. Diaz Benitez, D., Cochran, K.K., Allen, E. L., **Mujica, C.A.**, & Bridges, A.J. (in preparation). Skin Tone and the Subjective Well-Being of Latinx Adults: Discrimination as a Mediator and Ethnic Pride as a Buffer.
- 8. Ledesma, R.J., **Mujica, C.A.**, Zapata, R.I., Bridges, A.J., & Eidelman, S.H. (in preparation). Psychometric evaluation of an adapted version of internal and external motivation to respond without prejudice scales.
- 7. Demanarig, D., Cokley, K., Beasley, S., Mercado, A., Hita, L....**Mujica, C.A**...Mamidanna, P. (Under Review). Mending fragile alliances to fight racism: Developing a framework for cross-racial/ethnic solidarity. *American Psychologist*.
- 6. Kambanis, P.E., Bottera, A.R., Mancuso, C. J., Spoor, S.P., Anderson, L. M., Burke, N.L....**Mujica, C.A**....DeYoung, K.P. (2022). Eating Disorder Examination Questionnaire and Clinical Impairment Assessment norms for intersectional identities using an MTurk sample. *International Journal of Eating Disorders*.
- 5. **Mujica, C.A.**, Allen, E.L. & Bridges, A.J. (2022) Replication and Extension of the Acceptability of Racial Microaggressions Scale (ARMS). Race and Social Problems, 1-12. <a href="https://doi.org/10.1007/s12552-022-09369-0">https://doi.org/10.1007/s12552-022-09369-0</a>
- 4. Moran, L., Skinner, J., Shinn, A., Rao, V., Taylor, S. T., Nielsen, K., ... Mujica, C.,... & Ongur, D. (2021, December). Risk of Psychosis With Prescription Amphetamines. In *Neuropsychopharmacology* (Vol. 46, No. SUPPL 1, pp. 343-344). Campus, 4 Crinan St, London, n1 9xw, England: Springernature.
- 3. Urry, H. L., Crittle, C. S., Floerke, V. A., Leonard, M. Z., Perry, C. S., Akdilek, N., Albert, E. R., Block, A. J., Bollinger, C. A., Bowers, E. M., Brody, R. S., Burk, K. C., Burnstein, A., Chan, A. K., Chan, P. C., Chang, L. J., Chen, E., Chiarawongse, C. P., Chin, G., ... Mujica, C. A.... Zarrow, J. E. (2021). Don't Ditch the Laptop Just Yet: A Direct Replication of Mueller and Oppenheimer's (2014) Study 1 Plus Mini Meta-Analyses Across Similar Studies. Psychological Science. https://doi.org/10.1177/0956797620965541
- 2. Cohen, T., **Mujica,** C.A., Gardner, M., Hwang, M., Karmacharya, R. (2020). Mental health Units in Correctional Facilities in the United States. *Harvard Review of Psychiatry*
- 1. **Mujica, C. A.**, Alvarez, K., Tendulkar, S., Gonzalez, M., & Alegria, M. (2020). Association between patient-provider racial and ethnic concordance and patient-centered communication in outpatient mental health clinics. *Journal of Psychotherapy Integration*.

### **ORAL PRESENTATIONS**

1. **Mujica, C.A.,** Day, T., Hinchliffe, E., & Bridges, A. (2023, November). *Protecting the Mental Health of POC Racial Justice Activists at Predominantly White Institutions.* Presented at ABCT 2022, New York, NY.

- 13. **Mujica, C.A.,** Day, T., Hinchliffe, E., & Bridges, A. (2023, November). Development and Evaluation of a Measure to Assess Personal and Institutional Strategies to Protect the Mental Health of POC Racial Justice Activists at Predominantly White Institutions. Accepted at ABCT 2023, Seattle, WA.
- 12. **Mujica, C**. (2021, July). "All Skinfolk Ain't Kinfolk": Ingroup Attributions of Race-Based Discrimination. Accepted at Division 45 Conference 2021, Detroit, MI.
- 11. **Mujica**, C., Bridges, A. J. (2020, November). Discriminatory acts and racial/ethnic identity of perpetrators: Are microaggressions reframed when an ingroup member is the perpetrator? Presented virtually at ABCT 2020, Philadelphia, PA.
- 10. Diaz Benitez, D., **Mujica, C.**, Perrine, C., Ledesma, R., Guzman, L., Bridges, A.J. (2019, November). Sociodemographic predictors of political engagement among US-residing latinx. Presented at ABCT 2019, Atlanta, GA.
- 9. Ledesma, R., Zapata, R., Guzman, L., Diaz Benitez, D., **Mujica, C.**, Perrine, C., Bridges, A. J. (2019, November). Who wants to be a therapist? Examining how race/ethnicity, gender, and values predict interest in a mental health career. Presented at ABCT 2019, Atlanta, GA.
- 8. Guzman, L., Diaz Benitez, D., **Mujica, C.,** Perrine, C., Ledesma, R., Bridges, A. J. (2019, November). Enculturation, depression, and stigma: predicting mental health care utilization in latinx college students. Presented at ABCT 2019, Atlanta, GA.
- 7. **Mujica, C.,** Ledesma, R., Morales, J., Bridges, A. J. (2019, October). Predicting Internalizing Symptoms in Domestic Violence Victims: Associations between Latinx Ethnicity, Familismo, and Tangible Supports. Presented at NLPA 2019 Conference 2019, Miami, FL.
- 6. **Mujica, C.**, Tendulkar, S., Alvarez, K., Alegria, M. (2018, April). Association between patient-provider racial and ethnic concordance and patient-centered communication in outpatient mental health clinics. Presented at APA Division 45 Research Conference 2018, Austin, TX.
- 5. **Mujica, C.**, Kambanis, P., Dickison, A., Heinrich, H., Forte, S., Prete, S., Walpert, A., Cederbaum, K., Hernan, M., Evins, E., Brand, R., Singer, D., Viron., M., Sylvia, L., Centorrino, F., Fung, V., Hsu, J., Ongur, D. (2018, April). Private v. Public Sector Mental Health Care: Differences and Disparities. Presented at Harvard Medical School Psychiatry Research Day & Mysell Lecture, Boston, MA.
- 4. **Mujica, C.**, Kambanis, P., Dickison, A., Heinrich, H., Forte, S., Prete, S., Walpert, A., Cederbaum, K., Hernan, M., Evins, E., Brand, R., Singer, D., Viron., M., Sylvia, L., Centorrino, F., Fung, V., Hsu, J., Ongur, D. (2018, January). Private v. Public Sector Mental Health Care: Differences and Disparities. Presented at McLean Hospital 9<sup>th</sup> Annual Research Day, Belmont, MA.
- 3. Dickinson, A., Kambanis, P., **Mujica**, C., Heinrich, H., Forte, S., Prete, S., Walpert, A., Cederbaum, K., Hernan, M., Evins, E., Brand, R., Singer, D., Viron., M., Sylvia, L., Centorrino, F., Fung, V., Hsu, J., Ongur, D. (2018, January). Exploring adherence to psychotropic medications compared to cardiovascular medications in patients with serious mental illness. Presented at McLean Hospital 9<sup>th</sup> Annual Research Day, Belmont, MA.
- 2. Heinrich, H., Kambanis, P., Dickinson, A., **Mujica, C.**, Forte, S., Prete, S., Walpert, A., Cederbaum, K., Hernan, M., Evins, E., Brand, R., Singer, D., Viron., M., Sylvia, L., Centorrino, F., Fung, V., Hsu, J., Ongur, D. (2018, January). 'Finding the sweet spot' for insight: investigating the relationship between insight and sociability and effects on symptom severity in patients with serious mental illness. Presented at McLean Hospital 9<sup>th</sup> Annual Research Day, Belmont, MA.
- 1. **Mujica,** C., Tendulkar, S., Alvarez, K., Alegria, M. (2018, January). Association between patient-provider racial and ethnic concordance and patient-centered communication in outpatient mental health clinics. Presented at Diversifying Clinical Psychology Networking Reception, Nashville, TN.

University of Arkansas | Fayetteville, AR |

Graduate Research Assistant, DREAM Lab

Principal Investigator: Ana J. Bridges, PhD.

- Managed 20+ undergraduate research assistants and 4 graduate students
- Coordinated 6+ projects related to diversity science and minority mental health
- Led weekly lab meetings
- Prepared presentations for professional development related to graduate school applications and research
- Mentored students in creating research projects related to mental health disparities

# McLean Hospital | Belmont, MA |

June 2017 – June 2019

Clinical Research Assistant II, Schizophrenia and Bipolar Disorder Program

Project Title: Clinical Trial to Reduce Cardiovascular Disease in Patients with Severe Mental Illness

Principal Investigator: Dost Ongur, MD, PhD

- Recruited and screen adult participants from McLean Hospital, Massachusetts General Hospital, The Massachusetts Mental Health Center and the Michael J. Gill Clinic
- Conducted clinical diagnostic interviews (SCID) and symptom severity /community functioning assessment scales (PANSS, SAPS, SANS, YMRA, MADRS, MCAS) with patients diagnosed with schizophrenia, schizoaffective disorder, bipolar disorder, psychosis NOS, and related conditions
- Administered neuropsychological assessment (Brief Assessment of Cognition in Schizophrenia and North American Adult Reading Test)
- Performed phlebotomy, measured vital signs (blood pressure, height, weight, finger-stick blood glucose), administered electrocardiogram
- Completed Partners and Department of Mental Health Institutional Review Board amendments and reviews
- Maintained a REDCap database for data entry and storage of clinical data
- Prepared manuscripts for publications and posters for presentation
- Trained incoming research assistants and interns
- Conducted original research projects and present at conferences and seminars
- Coordinated trainings and presentations to improve diversity and inclusivity in lab and at McLean Hospital

### Massachusetts General Hospital | Boston, MA |

June – August 2016, January 2017 – May 2017

Research Assistant, Disparities Research Unit

Project Titles: Effectiveness of DECIDE in Patient-Provider Communication, Therapeutic Alliance & Care Continuation;

Effects of Social Context, Culture and Minority Status on Depression and Anxiety;

PhotoStories: A Massachusetts Teen Project

Principal Investigators: Margarita Alegria, PhD and Kiara Alvarez, PhD

- Prepared a codebook for qualitative coding of interviews
- Conducted coding of interviews for a study on depression and anxiety
- Collaborated on the preparation of research grants and IRB applications
- Reviewed quality of quantitative data
- · Performed data cleaning on quantitative data
- Conducted literature reviews for manuscripts on depression, suicide, and anxiety in Latino populations
- Contributed in lab meetings regarding data analyses
- Organized meetings and trainings with youth in different neighborhoods
- Composed ethnographic field notes after visiting sites: Chelsea and East Boston

# Massachusetts General Hospital | Chelsea, MA |

 $September-December\ 2016$ 

Research Assistant, Community Psychiatry PRIDE

- Translated intervention materials (manuals and worksheets) from English to Spanish
- Attended sessions with community partners to assess fidelity to treatment manuals
- Created presentations for conferences and other fundraising events
- Developed syntax for SPSS in collaboration with other interns

#### **Boston Children's Hospital** | Boston, MA |

April - August 2015

Research Assistant, Labs of Cognitive Neuroscience: Faja Lab

- Executed literature searches to help facilitate the writing of grants for research on autism
- Reviewed and processed results of Electroencephalograms (EEGs) to examine event-related potentials
- Worked on behavioral support for subjects who were on the autism spectrum
- Directed lab visits and executed the baseline experiments with subjects on the autistic spectrum

August 2019 - Present

#### **Primary Care Behavioral Health Consultant**

Community Clinic | Fayetteville, AR |

Supervised by: Ana J. Bridges, Ph.D.

#### **Graduate Student Clinician**

# University of Arkansas Psychological Clinic | Fayetteville, AR |

2019 – Present

Starting August 2023

Supervised by: Ana J. Bridges, Ph.D., Timothy A. Cavell, Ph.D., Lindsay S. Ham, Ph.D., Lauren Quetsch, Ph.D., Jennifer C. Veilleux, Ph.D., and Matt Judah, Ph.D.

- Provided outpatient psychological treatment and neuropsychological testing in Spanish and English to adults, adolescents, and children, including university students and community members.
- Conducted assessments for achievement (e.g., WRAT-4), cognitive abilities (e.g., WAIS-IV), mood (e.g., MDQ, BDI, BAI), neurocognitive abilities (e.g., Connors CPT 3), personality (e.g., MMPI-RF, PAI, SIDP-IV), and trauma (e.g., PCL-5).
- Referrals for therapy included ADHD, anxiety, interpersonal issues, social skills training, trauma, and depression
- Completed practicum groups focused on supervising student clinicians, providing interventions, conducting assessments, understanding psychopharmacology, and working with overcontrolled clients.
- · Received weekly individual and group supervision

# **New Beginnings Volunteer Therapist**

August 2021 - March 2022

New Beginnings | Fayetteville, AR |

Supervised by: Ana J. Bridges, Ph.D.

- Provided outpatient psychological treatment in individual and group formats for people in transitional housing
- Engaged in psychoeducation regarding stress and sleep

# **Graduate Student Intern in the Trauma Recovery Program**

Veterans Health Care System of The Ozarks | Fayetteville, AR |

August 2021 – December 2022

Supervised by: Hilary Casner, Ph.D.

- Provided outpatient psychological treatment and neuropsychological testing to Veterans
- Used Evidence Based treatments such as Cognitive Processing Therapy, Cognitive Behavioral Therapy for Insomnia, and Written Exposure Therapy
- Assisted in groups for the Intensive Outpatient Program for Trauma Recovery
- Conducted psychodiagnostic assessments for personality pathology
- Started and co-facilitated a Race-Based Stress, Trauma, and Empowerment (RBSTE) group
- Trained a psychology intern on the RBSTE protocol

#### Clinical Residential Counselor in the Appleton Residential Unit

# McLean Hospital | Belmont, MA |

September 2018 – June 2019

- Assisted residents in completing activities of daily living
- Created activities, such as arts and craft projects, for residents to complete
- Drove residents to go grocery shopping and to complete other activities in preparation to return to life outside of the residence
- Met with clinical team weekly to discuss progress of residents
- Documented daily progress of residents in electronic medical records

#### TEACHING EXPERIENCE

# Teaching Assistant for Biopsychology and Research Methods

Spring 2023

University of Arkansas | Fayetteville, AR

#### **Instructor of Record for General Psychology**

Fall 2022

University of Arkansas | Fayetteville, AR

### **Teaching Assistant for Introduction to Statistics**

Fall 2018

Tufts University | Medford, MA

# **Teacher for Stress Relief**

February – May 2018

Citizen Schools | Chelsea, MA

#### **Spanish and Science Tutor**

Tufts Tutoring | Medford, MA

August 2015 - May 2016

# Lab Teaching Assistant Introductory Biology

# Fall 2014 Tufts University | Medford, MA

# DIVERSITY, EQUITY, AND INCLUSION EXPERIENCE

# Diversifying Psychology: Council of University Directors of Clinical Psychology

April 2021 – April 2023

Student Co-Coordinator

- Organized diversifying psychology conference
- Coordinated presentations about applying to clinical psychology doctoral programs
- Presented information to assist students interested in applying to clinical psychology doctoral programs
- Reviewed CVs of student attendees
- Provided feedback and advice for students applying to clinical psychology doctoral programs

# Office for Diversity and Inclusion at the University of Arkansas | Fayetteville, AR |

July 2020 - August 2021

Graduate Assistant

- Supported various identity-based organizations. (Black, Latinx, LGBT, and Asian associations) in recruiting, retention, and programming
- Assisted in the social media promotion of different organizations under the purview of the Office
- Conducted research and literature searches for the creation of cultural centers on campus
- Reviewed quality of data for the IDEALS institute
- Analyzed data for the IDEALS institute
- Collaborated on the preparation of research grants
- Compiled resources on diversity, equity, and inclusion for the university community
- Contributed in meetings with various administrators, staff, and faculty related to diversity and inclusion

#### **Graduate and Professional Student Congress (GPSC)** | Fayetteville, AR |

September 2019 – July 2021; August 2023

Vice President

Fulbright College Representative

Founder and Co-chair of Diversity and Inclusion Committee

- Founded the Diversity and Inclusion Committee to support our marginalized graduate and professional students
- Proposed legislation to oppose racist and transphobic bills in the state legislature
- Collaborated with other graduate student groups on campus to promote trainings, talks, and efforts surrounding diversity, equity, and inclusion
- Participated in diversity, equity, and inclusion committees across campus to represent the needs of graduate students.
- Supported graduate and professional students with diversity, equity, and inclusion issues at the department and university level
- Created events to discuss anti-racism approaches to research and teaching as a graduate student

# Equity, Access for Student Equality (EASE) Action Committee | Medford, MA |

September 2016 – May 2017

Student Member

- · Attended weekly meetings with administration and staff to address needs for low-income students at Tufts
- Collaborated with another student to address issues surrounding campus life for low-income students
- Contributed to the creation of a campus-wide survey to assess the concerns and needs for students receiving the Pell Grant
- Started an annual funded Senior Week for Seniors who receive the Pell Grant

# Inter-Greek Council (IGC) | Medford, MA |

September 2016 – May 2017

Vice President of Community Engagement

- Created the Anti-Racism Task Force for the Greek Life Community
- Facilitated conversations about education opportunities for Greek Life community surrounding anti-racism
- Worked with the Chief Diversity Officer, LGBT Center Director, and Dean's Office to create programming to further expand antiracism work from Greek life into the Tufts Community
- Maintained relationships with directors from all community houses (Africana Center, Women's Center, LGBT Center, Latino Center, and Asian American Center)

#### Tufts LGBT Center | Medford, MA |

September 2014 – May 2017

Programming and Social Media Intern

- Created newsletters once every semester to promote alumni relations by recapping semester events
- Scheduled 10+ events focused on LGBTQ issues and interests
- Maintained connections with donors and campus partners through letters and frequent meetings
- Managed Facebook and Twitter accounts with daily posts about campus life and national news

- Produced and directed the first annual Rocky Horror Picture Show with Shadow Casts
- Programmed and led events focused on social justice and intersectionality within the LGBT Center

# Patient Advocacy at the Dimock Center | Roxbury, MA |

Patient Advocate

- Assisted high-risk clients in finding resources to fulfill necessities for healthy living
- Maintained communication and built relationships with various clients
- Used REACH database to manage clients' information and history
- Communicated with various non-profit organizations to fulfill needs of clients

#### **SERVICE**

#### **Division Task Force:**

• APA Division 45 – Presidential Task Force Member (2022)

# Journal Reviews:

- Ad Hoc Reviewer Cultural Diversity and Ethnic Minority Psychology (2019)
- Ad Hoc Reviewer New Ideas in Psychology (2020)
- Ad Hoc Reviewer Canadian Psychology (2021)
- Ad Hoc Reviewer Journal of Latinx Psychology (2022)
- Reviewer Field Methods (2022 2023)

#### **Professional Associations:**

• Division 56 – Trauma Psychology, Student Representative (2022)

#### **Institutional:**

- Graduate Student Orientation (2020 & 2021)
  - Advocacy Talk Presenter
  - o PhD Student Q&A Panel
- Razorgrad Institute for Success and Engagement Graduate Student Mentor (2020 & 2021)
- Fulbright College Diversity, Equity, and Inclusion Hour Speaker (2020)
- Graduate Student Mental Health Advisory Council (November 2020 Present)
- University of Arkansas Fulbright College Diversity, Equity, and Inclusion Graduate Student Member (August 2021 Present)
- University of Arkansas Fulbright College DEI Strategic Planning Graduate Student Member (April 2022 Present)
- UVA Diversifying Scholarship Panel Speaker 'A Call to Action for Racial Justice in Research' (April 2022)

#### PROFESSIONAL MEMBERSHIPS

- American Psychological Association
  - Division 17 Society for Counseling Psychology
  - Division 35 Society for the Psychology of Women
  - Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race
  - Division 53 Society of Clinical Child and Adolescent Psychology
  - Division 56 Division of Trauma Psychology
- Association for Behavioral and Cognitive Therapies
- American Public Health Association
- Association for Women in Psychology
- Latina Researcher Network
- Psi Chi International Honor Society
- National Latinx Psychological Association
- Association for Psychological Science

#### TRAININGS AND PROFICIENCIES

#### Software

SPSS, STATA, R, NetStation 5, Microsoft Office, Epic

#### Languages

- Fluent: English and Spanish
- Proficient: Italian

### Certifications

• Adult and Youth Mental Health First Aid

January – May 2016