

Roselee Jeannette Ledesma

Department of Psychological Science, University of Arkansas
 216 Memorial Hall, Fayetteville, AR 72701
 rjledesm@uark.edu

EDUCATION

University of Arkansas, Fayetteville, AR	Expected
Department of Psychological Science	05/2023
Doctor of Philosophy, Clinical Psychology	
Dissertation Advisor: Ana J. Bridges, Ph.D.	
University of Arkansas, Fayetteville, AR	2019
Department of Psychological Science	
Master of Arts, Clinical Psychology	
Master's Thesis Advisor: Ana J. Bridges, Ph.D.	
Thesis: <i>Are Two Unmatched Minority Statuses Worse Than One? The Impact of Social Status Similarities on Alliance in a Mock Clinical Interview</i>	
Marquette University, Milwaukee, WI	2013
Bachelor of Arts, Psychology; Minors in Spanish and Criminal & Law Studies	
<i>Magna Cum Laude</i>	

RESEARCH INTERESTS

Understanding how the intersection of diverse identities (e.g., race, ethnicity, sexual orientation) impact daily experiences with microaggressions and the way people access to mental health care.

RESEARCH EXPERIENCE

Graduate Research Assistant	2017 – Present
Diversity Research and Enhanced Access for Minorities (DREAM) lab	
University of Arkansas	
Supervised by: Ana J. Bridges, Ph.D.	
<ul style="list-style-type: none"> • Mentor undergraduate research assistants and collaborate on multiple research projects involving lab studies and community studies with Latinx populations, survivors of intimate partner violence, and incarcerated women 	
Research Fellow	2017
Latino Mental Health International Research Training Program	
University of Southern California & Instituto Nacional de Psiquiatría, México City, Mx	
Supervised by: Steve R. Lopez, Ph.D. & Shoshana Berenzon, Ph.D.	
<ul style="list-style-type: none"> • Analyzed data and wrote manuscript about social stressors and emotional distress experienced by older adults who attend primary care clinics in Mexico City 	
Research Fellow	2016
Ronald E. McNair Post-Baccalaureate Achievement Program, Marquette University	
Supervised by: Lucas Torres, Ph.D.	
<ul style="list-style-type: none"> • Analyzed literature and quantitative data about mental health outcomes for Latinx adults whose ethnic identity varied by exploration and commitment 	
Undergraduate Research Assistant	2016 – 2017
Child and Family Health Lab, Marquette University	
Supervised by: Astrida Kaugars, Ph.D.	

- Entered data for various community-based studies and administered cognitive tests (NEPSY statue and Flanker test) to assess executive functioning among low-income, Black elementary school students at a charter school

Undergraduate Research Assistant

2015

Culture and Well-Being Lab, Marquette University

Supervised by: Lucia Stubbs, Ph.D.

- Conducted literature review, transcribed, and analyzed qualitative data (using Grounded Theory) about women of color who experienced intimate partner violence

Undergraduate Research Assistant

2015 – 2017

Mental Health Disparities Lab, Marquette University

Supervised by: Lucas Torres, Ph.D.

- Served as confederate for microaggression experiment, coded non-verbal cues from video-recordings, and conducted literature searches about post-traumatic growth, microaggressions, discrimination, and Latino cultural values

Research Fellow

2015

Health Careers Opportunities Program, Marquette University

Supervised by: Lucas Torres, Ph.D.

- Analyzed literature, wrote manuscript, and presented findings about Latinx adolescents who engage in risky sexual behaviors

PUBLICATIONS

-
4. **Ledesma, R.J.**, Mujica, C.A., *Zapata, R.I., Bridges, A.J., & Eidelman, S.H. (Under review). Psychometric evaluation of an adapted version of internal and external motivation to respond without prejudice scales. *Group Processes & Intergroup Relations*.
 3. Bridges, A.J., **Ledesma, R.J.**, Guzman, L.E., Berman, I.S., & Diaz Benitez, D.E. (2021). A systemic review and meta-analysis of the relation between acculturation and depression in Latinx adults. *Journal of Latinx Psychology*. doi:
 2. Berenzon-Gorn, S., Saavedra-Solano, N., **Ledesma, R.J.**, & Galván-Reyes, J. (2020). Social vulnerability and emotional distress in older adults: A study in primary care centers in Mexico City. *Journal of Health Care for the Poor and Underserved*. doi: 10.1353/hpu.2020.0055
 1. Bridges, A.J., **Ledesma, R.J.**, Dueweke, A.R., Hernandez Rodriguez, J., Anastasia, E.A., & Rojas, S.M., (2019). A retrospective examination of symptom improvements in primary care patients receiving behavior therapy with and without concurrent pharmacotherapy. *Journal of Clinical Psychology in Medical Settings*. doi: 10.1007/s10880-019-09642-2. Full text: <https://rdcu.be/bHjOf>

ORAL RESENTATIONS & SYMPOSIA

-
4. Bridges, A.J., Mapes, A.R., Ledesma, R.J., Karlsson, M.E., & Zielinski, M.J. (2021, November). *Comparing in-person to virtual exposure-based group therapy in a carceral setting*. Abstract submitted for symposia at the annual Association for Behavioral and Cognitive Therapies, New Orleans, LA.
 3. Miller, A., Grasseti, S., Graham-LoPresti, J., Bridges, A.J., Phan, J., **Ledesma, R.J.**, & Abdullah, T. (2019, November). *Supporting graduate students of color: How to identify and overcome barriers to success in predominantly white institutions*. Symposia at annual Association for Behavioral and Cognitive Therapies, Atlanta, GA.

2. Anastasia, E. A., **Ledesma, R. J.** & Bridges, A. J. (2018, October). *Patient-reported barriers to continuing primary care behavioral health services versus transferring to specialty mental health*. In A. R. Andrews III (Chair), *Addressing mental health and service utilization disparities for Latinx populations*. Symposia at 9th biennial meeting of the National Latina/o Psychological Association, San Diego, CA.
1. **Ledesma, R. J.** & Torres, L. (2016, October). *Ethnic identity statuses and Latino/a mental health outcomes*. Oral presentation at annual National Ronald E. McNair Conference, Delavan, WI.

INVITED PRESENTATIONS

6. **Ledesma, R. J.** (2020, September). *Mosquita y Mari film discussion*. Invited panelist for The Latinx Impact group at the University of Arkansas.
5. **Ledesma, R. J.** (2020, September). *Diversity in graduate school experiences: Learn what it's like to navigate graduate school with diverse identities*. Invited panelist for the Graduate-Professional Student Congress' Diversity Equity and Inclusion committee at the University of Arkansas.
4. **Ledesma, R. J.** (2020, August). *Diversify psychology: Applying and attending graduate school as people of color*. Invited panelist for the Office for Diversity and Inclusion's Diversity Week at the University of Arkansas.
3. **Ledesma, R. J.** (2020, July). *Graduate student experience panel*. Invited panelist for Marquette University's McNair Graduate Student Experience Seminar.
2. **Ledesma, R. J.** (2020, April). *Be kind to your mind: Learning to cope with COVID-19 and combating imposter syndrome*. Invited presentation for Mi Mentor.
1. **Ledesma, R. J.** (2019, October). *Domestic violence*. Invited panelist for radio show panel.

POSTER RESENTATIONS

*denotes undergraduate advisee

19. **Ledesma, R.J.**, Guzman, L.E., & Bridges, A.J. (2021, November). *"All in this together": The impact of gender, ethnicity, and social support informing the relationship between relative deprivation on psychiatric symptoms*. Poster presented at the annual Association for Behavioral and Cognitive Therapies, New Orleans, LA.
18. **Ledesma, R.J.**, *Argueta, K., *Vance, A.H., & Bridges, A.J. (2021, October). *Latinx adults and microaggression experiences in the workplace: A qualitative analysis*. Abstract submitted for poster presentation at annual National Latinx Psychological Association Conference, Virtual Conference.
17. Campbell, R.L., **Ledesma, R.J.**, Guzman, L.E., & Bridges, A. (2021, June). *Bedtime procrastination but not total sleep time mediates the association between anxiety and sleep problems*. Abstract presented at virtual presentation at the 35th annual meeting of the Associated Professional Sleep Societies.
16. **Ledesma, R.J.**, & Bridges, A.J. (2020, November). *Double dipping: Depression symptoms among incarcerated women who completed two rounds of exposure-based trauma focused group therapy*. Poster presented at the annual Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
15. **Ledesma, R.J.**, Bridges, A.J., Hernandez Rodriguez, J., Anastasia, E.A., Rojas, S., & Dueweke, A.R. (2019, November). *An open trial of symptom improvements in primary care patients receiving*

behavior therapy with and without concurrent pharmacotherapy. Poster presented at the annual Association for Behavioral and Cognitive Therapies, Atlanta, GA.

14. **Ledesma, R.J.**, Zapata, R.I., Guzman, L.E., Diaz Benitez, D., Mujica, C., Perrine, C., & Bridges, A.J., (2019, November) *Who wants to be a therapist? Examining how race/ethnicity, gender, and values predict interest in a mental health career.* Poster presented at the annual Association for Behavioral and Cognitive Therapies Hispanic Special Interest Group, Atlanta, GA.
13. *Zapata, R.I., **Ledesma, R.J.**, & Bridges, A.J. (2019, November). *(Not so) hidden motivations: How internal and external motivations to respond without prejudice impact interactions with marginalized groups.* Poster presented at the annual Association for Behavioral and Cognitive Therapies Hispanic Special Interest Group, Atlanta, GA.
12. Diaz Benitez, D., Mujica, C., Perrine, C., **Ledesma, R.J.**, & Guzman, L.E. (2019, November). *Sociodemographic predictors of political engagement among US-residing Latinxs.* Poster presented at the annual Association for Behavioral and Cognitive Therapies Hispanic Special Interest Group, Atlanta, GA.
11. Guzman, L.E., Diaz Benitez, D., Mujica, C., Perrine, C., **Ledesma, R.J.**, Hovey, J., & Bridges, A.J. (2019, November). *Depressive symptoms, not stigma or enculturation, predict mental health service use among Latinx college students.* Poster presented at the annual Association for Behavioral and Cognitive Therapies Hispanic Special Interest Group, Atlanta, GA.
10. **Ledesma, R.J.**, & Bridges, A.J. (2019, October). *What happens when Latinx women seek help? Exploring service utilization among survivors of intimate partner violence.* Poster presented at annual National Latinx Psychological Association Conference, Miami, FL.
9. *Zapata, R.I., **Ledesma, R.J.**, & Bridges, A.J. (2019, April). *Homophobia: Does race matter?* Poster presented at the annual Arkansas Symposium for Psychology Students, Conway, AR.
8. *Ramsey, M. **Ledesma, R.J.**, & Bridges, A.J. (2019, April). *Roles of race and socioeconomic status in evaluations of abusive parenting behaviors.* Poster presented at the annual Arkansas Symposium for Psychology Students, Conway, AR.
7. **Ledesma, R.J.**, *Hernandez, J., *Hutcheson, V., *Olaya, M., & Bridges, A.J. (2018, October). *Health care utilization among youth with and without ADHD: The moderating role of Latinx ethnicity.* Poster presented at the annual Arkansas Psychological Association, Little Rock, AR.
6. **Ledesma, R.J.**, *Johnson, B., *Russell, K.M., *Ortega, J.M., Berman, I.S., Karlsson, M., Zielinski, M., & Bridges, A.J. (2018, October). *Group treatment with incarcerated female sexual assault victims: Is exposure critical to successful outcomes?* Poster presented at the annual Arkansas Psychological Association, Little Rock, AR.
5. *Williams, T., **Ledesma, R.J.**, Anastasia, E.A., & Bridges, A.J. (2018, April). *Pornography use in men and the perception towards women: Does the type of pornographic material effect the perception and objectification of women?* Poster presentation at the annual Arkansas Symposium for Psychology Students, Conway, AR.
4. **Ledesma, R.J.**, Galvan, J., Saavedra, N., & Berenzon, S. (2017, October). *Estresores sociales y malestar emocional en adultos mayores. Un estudio en centros de salud en la Ciudad de México.* Poster presentation at the Reunión Anual de Investigación, Mexico City, MX.

3. **Ledesma, R. J.,** & Torres, L. (2017, April). *Ethnic identity statuses and Latino/a mental health outcomes*. Poster presentation at the annual National Conference on Undergraduate Research, Memphis, TN.
2. Meyer, K., **Ledesma, R.J.,** Benjamin, N., Stolzman, S., Harkins, A., Hoeger Bement, M., Hunter, S., & Kaugars, A. (2017, April). *Associations among total sleep time and levels of stress in high school students*. Poster presentation at the Annual Convention of the Wisconsin Psychological Association, Madison, WI. **This poster presentation received a 2nd place Student Research award.**
1. **Ledesma, R. J.,** & Torres, L. (2015, October). *Cultural factors contributing to risky sexual behaviors in Latino adolescents*. Poster presentation at the annual Marquette University Diversity in Psychology Research Conference, Milwaukee, WI.

TEACHING EXPERIENCE

Graduate Instructor 2020

Department of Psychology, University of Arkansas

- Developed syllabus, lectures, assignments, and exams for Introduction to Psychology
-

Graduate Teaching Assistant 2017 – 2018, 2020 – 2021

Department of Psychology, University of Arkansas

Supervised by: Ellen W. Leen-Feldner, Ph.D., Patricia Petretic, Ph.D., and Byron Zamboanga, Ph.D.

- Guest lectured, attended class, proctored exams, graded assignments and exams, and managed the Blackboard course page for Psychology of Diversity
- Proctored exams and managed the Blackboard course page for a Substance Use Honor's Colloquium course
- Guest lectured, attended class, proctored exams, graded assignments and exams for Abnormal Psychology courses

Undergraduate Teaching Assistant

Physics Department, Marquette University

Supervised by: Melissa Vigil, Ph.D.

- Taught a laboratory section of Major Concepts in Modern Science 1, graded assignments, and proctored exams

Academic Tutor 2015 – 2016

Upward Bound & Educational Opportunity Program, Marquette University

- Tutored high school and college students in math, criminology, and Spanish course material twice a week

ADVISING & MENTORING EXPERIENCE

Applying to Graduate School Group 2020 – 2021

- Mentored a group of undergraduate and post-baccalaureate research assistants as they applied to graduate programs in Psychology and related fields
- I helped them identify programs, presented on how to write personal statements and how to create a CV, edited their application materials, and set up mock interviews for them to prepare their interviews
- Students attended master's programs in counseling and social work

Co-advisor for Undergraduate Student's Honor's Thesis 2019 – 2021

Department of Psychological Science, University of Arkansas

Co-advisor: Ana J. Bridges, Ph.D.

- Title: *The impact of acculturation status differences between Latinx immigrants, their parents, and their children on mental health outcomes*
- Mentored honor's student as she conceptualized her study, collected and analyzed data, interpreted and presented her findings
- Mentored student as she earned the State Undergraduate Research Fellowship (SURF) and the Honor's college conference travel grant

CLINICAL EXPERIENCE

Survivors Healing from Abuse: Recovery through Exposure (SHARE) Therapist 2020 – Current
Northwest Arkansas Community Correction Center, Fayetteville, AR

Supervised by: Ana J. Bridges, Ph.D.

- Co-led an 8-week exposure-based group trauma therapy for women who have experienced sexual trauma
- Collected data from consenting participants to assess the effectiveness of SHARE
- Received weekly group supervision

Primary Care Behavioral Health Consultant 2019 – 2020
Community Clinic, Fayetteville, Rogers, and Siloam Springs, AR

Supervised by: Ana J. Bridges, Ph.D.

- Provided brief evidence-based interventions (e.g., cognitive-behavioral therapy, sleep hygiene, motivational interviewing, behavioral activation, exposure) at a Federally Qualified Health Center
- Provided therapy in English and Spanish to culturally diverse people, collaborated as part of an interdisciplinary team
- Referrals included attention difficulties, anger issues, anxiety, depression, diabetes management, relationship issues, substance use, suicidality, and trauma
- Received weekly group supervision

Graduate Student Clinician 2018 - 2021
University of Arkansas Psychological Clinic

Supervised by: Ana J. Bridges, Ph.D., Timothy A. Cavell., Lindsay S. Ham, Ph.D., Ivan Vargas, Ph.D., and Jennifer C. Veilleux, Ph.D.

- Provided outpatient psychological treatment and neuropsychological testing in Spanish and English to adults, including university students and community members
- Referrals included ADHD, anxiety, depression, trauma, and relationship issues. Assessments included achievement (e.g., WRAT-4), cognitive (e.g., WAIS-IV), mood (e.g., MDQ, BDI), neurocognitive (e.g., Connors CPT 3), personality (e.g., MMPI-RF), and trauma (e.g., PCL-5)
- Completed practicum groups focused on issues of diversity in psychotherapy, supervising student clinicians, providing interventions, and conducting assessments
- Received weekly individual and group supervision

Immigration Clinic 2018
University of Arkansas Law School

Supervised by: Ana J. Bridges, Ph.D.

- Completed an intake and assessment with a survivor of domestic violence in and completed a report for an immigration judge

HONORS & AWARDS

Graduate Student Travel Grant, <i>University of Arkansas</i> (\$1,100)	2021
Teaching Improvement Grant, <i>University of Arkansas</i> (\$2500)	2021
Latin American and Latino Studies Program Graduate Student Research Award, <i>University of Arkansas</i> (\$1000)	2020
Graduate Psychology Education (GPE) Travel Grant, <i>University of Arkansas</i> (\$1,500)	2019

Graduate Psychology Education (GPE) Training Grant, <i>University of Arkansas</i> (\$25,000)	2019
National Latinx Psychological Association Student Travel Scholarship (\$300)	2019
Graduate Student Travel Grant, <i>University of Arkansas</i> (\$1,100)	2018
National Latina/o Psychological Association Student Travel Scholarship (\$300)	2018
Graduate Student Travel Grant, <i>University of Arkansas</i> (\$1,100)	2018
Howells Grant APA Travel Grant, <i>University of Arkansas</i> (\$1,100)	2018
Southern Regional Education Board – State Doctoral Scholar, <i>University of Arkansas</i>	2017 – Present
Doctoral Academic Fellowship, <i>University of Arkansas</i> (\$10,000 per year for academic excellence)	2017 – Present
Maria Dittman Library Research Project Competition Winner, <i>Marquette University</i>	2017
Anees A. Sheikh Outstanding Senior in Psychology, <i>Marquette University</i>	2017
Hellen Way Klingler College of Arts and Sciences Outstanding Senior, <i>Marquette University</i>	2017
CommUNITY Program Outstanding Senior, <i>Marquette University</i>	2017
Phi Beta Kappa Honor Society	2017 – Present
Psi Chi International Honor Society, <i>Marquette University</i> Chapter President	2017
Ronald E. McNair Scholar, <i>Marquette University</i>	2016 – Present
Stephan Kearney Memorial Grant, <i>Marquette University</i>	2014 – 2017
Dean’s List, <i>Marquette University</i>	2013 – 2017
Marquette Ignatius/Magis Scholarship, <i>Marquette University</i>	2013 – 2017

SERVICE

Community-Based

Fayetteville Public Library bilingual volunteer	2019 – Present
Refugee and Immigration Services Catholic Charities Milwaukee Intern	2016 – 2017
United Community Center (Centro de la Comunidad Unida) Adult Day Center volunteer	2016 – 2017

Departmental, University, & National Association Committees

National Latinx Psychological Association Exhibitor and Sponsorship Committee	2018 – 2019
Clinical Faculty Search Committee, Department of Psychological Science, University of Arkansas	2018 – 2019
Clinical Training Committee, Department of Psychological Science, University of Arkansas	2018 – 2019
Diversity Committee, Department of Psychological Science, University of Arkansas	2017 – 2018, 2021 – Present
Educational Opportunity Program Director Search Committee, Marquette University	2016 – 2017
Diversity Committee, Psychology Department, Marquette University	2016 – 2017

PROFESSIONAL AFFILIATIONS

Association for Applied Behavioral Therapies (ABCT)	2019 – Present
National Latinx Psychological Association (NLPA)	2017 – Present
American Psychological Association (APA)	2017 – 2019