

# Ella Eureste

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## EDUCATION

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**University of Arkansas, Fulbright Honors College of Arts and Sciences**      **Fayetteville, Arkansas**  
Majors: BS Biology, BA Psychology      Expected May 2026  
- Honors Courses: Biology for Majors, University Perspectives, Microbiology (with lab), Family Relations

**Bishop Kelley High School**      **Tulsa, Oklahoma**  
High School Diploma      August 2018 - May 2022

## RESEARCH

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**Undergraduate Research Assistant for Diversity Research and Enhanced Access for Minorities (DREAM) Lab**      August 2023-Current  
- Conducts research to understand barriers for underserved populations, emphasizing actionable insights for equitable access  
- Contributed to data analysis, coding, and community data collection initiatives.

## PRESENTATIONS

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Fradley, M. F., **Eureste, E.**, Ho, J., Hartley, A., Rivas, M., Berry, M., Iandolo, M., Miller, G., Allen, E., Benitez, D., Mujica, C., & Bridges, A. J. (2024, November 14-17). Examining trauma exposure and related symptoms in integrated behavioral health care utilizers: Implications for screening in primary care settings. In A. Bridges, *Integrated Care and Trauma: Considerations for Screening and Treating Trauma and Related Symptoms in Primary Care Settings*. [Symposium]. ABCT's 58th Annual Convention, Philadelphia, Pennsylvania.

Scott, K., Lara, E.J., **Eureste, E.**, Berry, M., Allen, E.L., Fradley, M.F., Ruiz, J., & Bridges, A.J. (2025, March). Behavioral health symptoms and behavioral health service utilization in primary care patients. Poster to be presented at the annual meeting of the Southwestern Psychological Association, Little Rock, AR.

**Eureste, E.**, Lara, E.J., Scott, K., Berry, M., Allen, E.L., Fradley, M.F., Ruiz, J., & Bridges, A.J. (2025, March). Warm handoffs predicting behavioral health appointment attendance in integrated primary care. Poster to be presented at the annual meeting of the Southwestern Psychological Association, Little Rock, AR

Allen, E.L., Hartley, A.J., Diaz Benitez, D., Mujica, C.A., Fradley, M.F., Miller, J.G., Berry, M., Iandolo, M., **Eureste, E.**, Ho, J., & Bridges, A.J. (2023, September). In our words: Patient reports of PCBH service utility. Poster presented at the annual meeting of the Collaborative Family Healthcare Association, Phoenix, AZ.

**Eureste, E.**, Ho, J., Hartley, A., Rivas, M., Berry, M., Iandolo, M., Miller, G., Allen, E., Fradley, M., & Bridges, A.J. (2024, April). Behavioral health symptoms and behavioral health service utilization in primary care patients. Oral presentation at the Mid-South Psychology Conference, Memphis, TN.

## PROFESSIONAL EXPERIENCE

### **Medical Assistant at Pain Management and Rehabilitation Clinic** August 2024-Current

- Supports pain management care through rooming patients, discharging patients, ensuring timely and accurate drug testing, and recording health updates (Greenway Health Platform)
- Engages in constant communication with head physician and other medical aids to ensure excellent patient care and efficient operation of the clinic

### **International Intern at Free to Be Kids** June 2024-July 2024

- Enhanced emotional well-being of disadvantaged children of London through culturally sensitive mental health interventions that utilize nature and positive child-adult relationships
- Improved program operations by managing referrals, coordinating inbox communication and working with diverse colleagues

### **Certified Nurse Aid at University Village Retirement Home** June 2023-Current

- Assists in the daily care of patients which includes but is not limited to transportation, dressing/undressing, monitoring food intake, perineal care and monitoring behavior
- Communicates effectively with medical staff to ensure continuity of care and accurate reporting of patient conditions

### **Patient Transporter at Saint Francis Hospital** May 2022-August 2022

- Facilitated safe and comfortable patient transitions across hospital departments collaborating with multidisciplinary teams

## LEADERSHIP INVOLVMENT

### **Director of Mental Health, Associated Student Government** May 2024-Current

### **Deputy Director of Mental Health, Associated Student Government** May 2023-May 2024

- Spearheads initiatives to improve mental health awareness and access to campus service to enhance community well-being
- Successfully passed a bill in the student senate to increase the Student Health Fee ensuring the sustainability of free mental health services for all students
- Designed and implemented: Suicide Awareness Month Event, Student Mental Health Leadership Association

### **Counseling and Psychological Services (CAPS) Ambassador** December 2022-Current

- Advocates for mental health awareness and access to resources to foster a healthier campus community and equitable access to essential care in association with the Pat Walker Health Center department
- Collaborates with students and staff to develop and implement outreach programs addressing mental health stigma, displaying student resources and promoting well-being

### **Pre-Health Professions Association Mentor** August 2023-Current

- Mentors' students on the pre-pa track through monthly meetings by offering advice, answering questions and sharing resources

### **Freshman Leadership Forum, Associated Student Governmen.** August 2022- May 2023

- Selected for and engaged in the premier leadership development program on the University of Arkansas's campus
- Gained skills in the fields of public service and professional development to become a strong campus leader and communicator

## SERVICE

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### **Well-Being Task Force**

May 2023-Current

- Selected to be one of six student representatives in a campus-wide task force dedicated to assessing and enhancing well-being across the campus
- Implemented qualitative data collection for a student sub-population to identify key areas for intervention and improvement and participated in meetings for

## HONORS AND AWARDS

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### **ASG Policy of the Year**

May 2024

- Recognized for writing and passing “A Resolution to Support an Increase in the Student Health Fee” bill which was utilized by key stakeholders to demonstrate student support to enact this change

### **Sturgis Study Abroad Grant (\$4,000)**

March 2024

- Received competitive grant funding for Fulbright Honors College Students to enrich educational through international experiences

### **Honors College International Internship Grant (\$5,000)**

December 2023

- Received fullest sum of competitive grant funding to support participation in an international internship to enhance cultural competency and diverse experiences

### **Dean’s List at the University of Arkansas Fulbright College**

Fall 2022, Spring 2022, Fall 2023

- Recognized for academic excellence by maintaining a 3.8 GPA

### **Silas Hunt Scholarship (\$20,000)**

2022

- Awarded by the University of Arkansas from underrepresented communities who have demonstrated outstanding academic and leadership potential

### **Non-Resident Tuition Award Scholarship (~\$6,500 per year).**

2022

- Awarded by the University of Arkansas for 3.8 GPA or higher for 90% of in-state tuition

## COMMUNITY ENGAGEMENT

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### **Empower Mentor (35 hours)**

August 2024-Current

- Serve as a peer mentor, providing individualized support and guidance to college students with cognitive disabilities, fostering academic success and personal growth

### **University Village Retirement Home (80 hours)**

December 2022-Current

- Engaged with elderly residents by organizing and participating in activities, fostering social connection and well-being within the community